

Summer/Fall
2015



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Liberation Programs, Inc.
is accredited for
adherence to standards
of excellence set by CARF.

Liberation
Programs Inc.

Dear Friends of Liberation Programs:

With your support we are able to provide the strongest most unified services in substance abuse treatment, outreach and prevention in Fairfield County. For that support, we thank you, as does each and every one of our clients. Please read on to see how we are getting the job done with your help!

Liberation Hosts Women's Awareness Luncheons Local Leaders Speak to Inspire Women to Help Other Women

Liberation Programs' Circle of Women was formed in response to the critical need to provide on-going support for the women and children in Liberation's Families in Recovery Program (FIRP). Annually, \$180,000 in private support is needed as FIRP is the most highly subsidized program offered by Liberation Programs with over half of the women helped each year unable to afford treatment.

The Circle of Women works to raise the funds and provide the resources needed for on-going services that will enable up to 50 women a year to embark on a new life in recovery where they can provide safe, nurturing homes for their children. Additionally, funds raised also provide programming resources for the 18 families living in Gini's House.



Girl Scouts of America's Mary Barneby (left) was the first speaker at the launch of the Women's Group the first guest speaker followed by Attorney Sheryl Shaughnessy (center) pictured with luncheon host, Liberation's Board Chair, Sallyan Pelletier



The Circle of Women meets three times a year to hear notable speakers, create connections for resources for women and children and have lunch with like-minded women. The group is open to any women who are interested in being a positive force for change. To get involved, call 203.604.1162.

During the luncheon held at Galerie SoNo in Norwalk, Superior Court Justice Mary E. Sommer (pictured left) said, "The most important message for the women we are trying to help is if it's at all possible, stay in school."

Community Support for Liberation Programs

First County Bank Foundation, FCCF's Fund for Women and Girls, GE Asset Management, The Inner-City Foundation for Charity & Education



Grażyna M. Landmesser, Vice President and Regional Manager and David Van Buskirk, Business Development Officer, recently granted \$5,000 for FIRP from the First County Bank Foundation.

The Families in Recovery Program (FIRP) was awarded a \$20,000 grant from Fairfield County's Community Foundation Fund for Women and Girls. In addition, FIRP received \$5,000 grants from Near and Far Aid, First County Bank Foundation and The Inner-City Foundation for Charity and Education.

Grants from GE Asset Management (\$6,500) and the Elizabeth Raymond Ambler Trust (\$3,000) support services that help youth affected by substance abuse as well as provide extensive education prevention efforts in the community.

Pitney Bowes granted \$4,500 for Lib House and Gen E awarded \$3,000 to help us provide resources and services that foster life long recovery.

Liberation Programs Highlights

Recovery Employment Program — New Floor, Exhaust Hood for Liberation House Kitchen New Playroom for Families in Recovery (FIRP)

At Liberation House, a new Recovery Employment Program (REP) allows men who are nearing the end of their treatment stay to participate in activities within the program such as repair and maintenance projects. Through REP they gain work experience that will help them transition to future employment and earn a stipend—funds that can be used to secure housing once they leave the program.



Above, the new kitchen at Liberation House, and right, the new Bright Space play area at FIRP.

Long in need of critical repairs and updating, the kitchen at Liberation House is once again in great condition and will serve over 70,000 meals this year. A new fire suppression hood, flooring and kitchen equipment completed the renovation thanks to generous contributions from private donors.

Bright Horizons Foundation for Children created a new Bright Space playroom for FIRP. Designed as a warm, inviting space for

children whose parents are in treatment for substance abuse and addiction, it features a dramatic play area, block/truck area, art cart and infant area, as well as comfortable adult seating.



United Rentals volunteers painted the lower level group meeting rooms at Liberation’s Outpatient Clinic in Stamford as part of United Way’s Days of Action this year. Eagle Scout Andrew Baron created a new patio backyard for Liberation House.

Are you or your corporate team looking to make a difference?
Email: elaine.osowski@liberationprograms.org or call 203.604.1144



THANK YOU to Our Most Recent Supporters:

Fairfield County’s Community Foundation	\$20,000
United Way of Western Connecticut	\$10,000
GE Asset Management	\$6,500
First County Bank Foundation	\$5,000
Inner-City Foundation for Charity & Education	\$5,000
Near and Far Aid	\$5,000
New Canaan Community Foundation	\$5,000
St. John’s Community Foundation	\$5,000
Pitney Bowes Community Investments	\$4,500
Elizabeth Ambler Raymond Trust	\$3,000
General RE	\$3,000
Lone Pine Foundation	\$2,500
First Congregational Church of Darien	\$2,000
First Congregational Church of Greenwich	\$2,000
The Young Women’s League of New Canaan	\$2,000
Exchange Club of New Canaan Foundation	\$1,750
Legg Mason	\$1,000
St. Francis Episcopal Church	\$1,000
Westport Young Woman’s League	\$1,000
The Wright Insurance Agency	\$1,000
Youth Community Fund of Darien	500

Visit our website:

- Opportunities for Volunteers
 - Donate Online
 - Wish List

www.liberationprograms.org

Liberation Programs’ mission is to empower people and their families to be free of the disease of addiction by providing targeted solutions that restore lives and strengthen our community.

In FY15, Liberation Programs served 2,087 individuals.

353 Residential Clients
1,734 Adult and Adolescent Outpatient Clients

LPI also reached out to another 4,850 youth and adults through 412 Education & Prevention presentations.

Send your email address to: elaine.osowski@liberationprograms.org to receive our e-Newsletter