

Winter/Spring  
2016



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Liberation Programs, Inc.  
is accredited for  
adherence to standards  
of excellence set by CARF.



**Dear Friends of Liberation Programs:**

**With your support we are able to provide the strongest most unified services in substance abuse treatment, outreach and prevention in Fairfield County. For that support, we thank you, as does each and every one of our Recoverees. Please read on to see how we are getting the job done with your help!**

## **Liberation's Spirit of Hope Dinner Set for April 28**

### **Active Committee Members Gear Up to Make a Difference**

The Committee for Liberation Programs' Ninth Annual Spirit of Hope Benefit understands the challenge of treating addiction in Fairfield County and they are facing the problem head on by helping to raise critical funds to provide treatment opportunities for hundreds of people a year striving to achieve lifelong recovery from addiction.

Michelle Luttrell, a Co-Chair of this year's event said, "Without this funding, people are dying. Liberation Programs is saving lives and helping the working poor to start over and get the services they need to be healthy again." Additional Co-Chairs of the Event are Heidi Daileader and John C. McCarty.

The numbers in Connecticut are shocking; 387 individuals died from heroin and opiate overdoses in 2015. "We are fortunate to have such a devoted committee of volunteers raising funds and helping Liberation Programs in its mission to save these lives," said Alan Mathis. He added, "Without these resources, Liberation Programs would be in the unenviable position of having to decide who gets treatment and who doesn't."

The 2016 Spirit of Hope Committee members are also John Bassler, Katrina Bishoff, Todd Boe, Lisa Bytner, Wayne Cafran, Beth Crowe, Pete Dee, Devon Fleming, Stephanie

Hazard, Kate Laird, Susan Linss, Gail Malloy, Cyrena Melich, Dennis Monson, Kwame Moses, Maha Mostofi, Sallyan Pelletier, Amy Rabenhorst, Christy Sadler, and Sherry Sopin.



**April 28 at 6:00 P.M.**

Hyatt Regency Greenwich  
Honoring Pitney Bowes, Inc.  
and Reverend Dale Rosenberger

**For Sponsorship and Tickets,**  
**call 203-604-1144 or email**

**[dinner@liberationprograms.org](mailto:dinner@liberationprograms.org)**

## **Women-4-Women Luncheon Series**

**Mary-Jane Foster, Vice President of University of Bridgeport, Guest Speaker**

Liberation Programs recently held the fourth in its ongoing series of Women-4-Women lunches. The mission of the group is for women to learn more about how they can provide support and resources for women with addiction and substance abuse issues to make treatment possible and to help those women prosper in the journey of lifelong recovery. This is reflected in Liberation Programs' principle of Saving One - the belief that if what Liberation does can save just one person's life, it's worth it. More than 40 women attended the lunch from cities and towns throughout Fairfield County. The Women-4-Women luncheons take place three times a year. To learn more about getting involved, contact Anne Casher at [anne.casher@liberationprograms.org](mailto:anne.casher@liberationprograms.org).



## Patti Juliana, Ph.D., LCSW Joins Liberation Programs as Chief Program Officer

Patti Juliana, Ph.D., LCSW, has joined Liberation Programs as Chief Program Officer. She brings over 30 years of experience as one of the region's top professionals in the field of drug and alcohol addiction treatment where she has made groundbreaking progress in the treatment of families and individuals who suffer from medical and mental health problems along with substance abuse. Dr. Juliana joined the Liberation team in response to a 38% increase in need for services over the past few years. In her new role, Dr. Juliana leads all Liberation Programs' clinical programs and she will work to ensure that effective treatment and education services are in place to meet rising demands. A published author, she has served on numerous substance abuse-related councils and task forces.



### Volunteers Making a Difference

Inspired by a visit to Liberation's Outpatient Services center in Bridgeport, Michelle Luttrell and about 50 of her friends collected and delivered 100 bags of groceries to give to women who receive professional counseling and other services for addiction recovery.

"Many were dumbfounded that this random group of women from Darien cared enough about them to bring these bags of hope," said Michelle. (Top photo; Heidi Daileader, Liberation Programs' Alan Mathis, and Michelle Luttrell delivering food)

Picking up where these women left off, Samantha Wind collected toiletries with other members of Darien High School's service club Global Connect. "We were so happy to be able to do something for these families," Samantha said as she delivered the items to the women at Liberation Programs' Families in Recovery Program. (Bottom photo; Liberation Programs' Jennifer Stevens and Darien HS students Lucy Armstrong and Samantha Wind)



#### Visit our website:

- Opportunities for Volunteers
- Donate Online
- Wish List

**www.liberationprograms.org**

Liberation Programs' mission is to empower people and their families to be free of the disease of addiction by providing targeted solutions that restore lives and strengthen our community.

**In FY15, Liberation Programs served 2,087 individuals.**

353 Inpatient Clients  
1,734 Adult and Adolescent Outpatient Clients

**LPI also reached out to another 4,850 youth and adults through 412 Education & Prevention presentations.**

### Fairfield County Giving Day

Fairfield County's Giving Day is **March 10** — a great day to donate to Liberation Programs. Hosted by Fairfield County's Community Foundation, with lead sponsor Bank of America, Giving Day is a 24 hour online event that promotes giving to your favorite nonprofit in Fairfield County. To support Liberation Programs on this exciting day and to make a donation, go to [www.fcgives.org](http://www.fcgives.org).



#### THANK YOU to Our Most Recent Supporters:

The Community Fund of Darien	\$25,000
Near & Far Aid	\$5,000
First Niagara	\$3,000
Xerox Foundation	\$3,000
The Young Women's League of New Canaan	\$2,000
WICC/WEBE Radio	\$1,000
Town of Wilton Board of Education	\$750
The Wright Insurance Company	\$718
Wilton Presbyterian Church	\$500



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