

Dear All,

We wanted to take a moment to reach out with important information regarding the Coronavirus COVID-19 outbreak. **As always, everyone's health and safety are very important to us.**

We understand this can be an uneasy and stressful time. We want to help provide some guidance and best practices.

We want to reassure everyone that we are in contact with state and local Departments of Public Health, DMHAS, and DSS. We are adhering to their guidance and reviewing related protocols to help all our Recoverees and Staff remain healthy and safe.

We are also monitoring CDC communications and the state's information hotline 211 and working with local hospitals. **Our Medical Director is advising our Senior Leadership and informing final policy decisions across all programs and sites related to the Coronavirus.**

COVID-19 is often no more serious than the flu but can be particularly dangerous for older patients and people with certain health conditions. Anyone with potential Coronavirus symptoms (fever, coughing, trouble breathing) should call their medical providers, who may tell them to stay home and isolate themselves or to seek treatment. **We encourage everyone to review the CDC website for important preventive measures, such as frequent thorough hand washing** <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>.

Governor Lamont has declared a public health and civil preparedness emergency and is urging residents to take all necessary precautions. Updates and guidance are provided on the ct.gov website: <https://portal.ct.gov/coronavirus>

Rest assured, as of today, Liberation Programs has not been impacted. If the situation changes, we will provide the latest updates via email and our website.

Some extra precautions we're taking:

- Continuing to clean and sanitize thoroughly every day and ensuring all standard operating procedures are being upheld
- Heightening protocols for sanitation efforts and resupplying Purell (which has a higher alcohol content)
- Educating our staff and Recoverees on preventive measures provided by the CDC
- We are extending our Medicating hours to: 6:00AM to 6:30PM M-F and 6:00AM to 10AM Saturdays in Bridgeport and 6:00AM to 2:00PM M-F and 6:00AM to 11:00AM Saturdays in Stamford

We're encouraging everyone to follow expert guidance:

- Wash your hands frequently, including before you eat or drink. Use soap and water for at least 20 seconds
- Avoid touching your eyes, nose, and mouth
- Cover your mouth and nose when you cough or sneeze. If you use a tissue, dispose of it promptly and wash your hands

Please make sure we have up to date contact information for you and know the best way to reach you. If you have any concerns or worries related to Coronavirus, please let your Counselor know.

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