

# FAIRFIELD COUNTY GOLD COAST

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## Norwalk Substance Abuse Treatment Program Wins 3-Year Accreditation

[Donna Christopher](#) 09/19/2016

NORWALK, Conn. -- A substance abuse treatment program in Norwalk has been awarded its fifth three-year accreditation.

The accreditation to Liberation Programs is for its residential, outpatient and intensive outpatient programs from the Commission on Accreditation of Rehabilitation Facilities, or CARF International.

The achievement indicates the organization's "dedication and commitment to improving the quality of the lives of the persons served," CARF President Brian Boon, Ph.D., said in a letter.

"Our goal is to help (participants) lead better lives, and we want that to come across in everything we do," said Liberation Programs President/CEO Alan Mathis.

Liberation Programs served 2,087 people last year, achieving recovery outcomes that are above the state averages for comparable treatment programs, according to a release.

An array of services helps families from Greenwich to Bridgeport, according to Dr. Patti Juliana, chief program officer.

Eighty percent of Liberation's outpatient participants left the program substance-free, 18 percent higher than the Connecticut state average, the release said.

An independent accrediting body, CARF promotes the quality, value and optimal outcomes of services through a consultative accreditation process and continuous improvement services that center on enhancing the lives of the persons served.

Click [here](#) for more information about CARF.

Liberation provides services for youths, adults and families.

Programs include:

- Two inpatient treatment programs.
- Outpatient and intensive outpatient services.
- Health education for older adults and people living with HIV/AIDS and other chronic illnesses.
- Treatment and resources for adolescents and their families.
- Education and prevention efforts in the community.
- Permanent supportive housing for families.

*Pictured left to right: Liberation Programs' Chief Administrative Office Cary Ostrow, President & CEO Alan Mathis, and Chief Program Officer, Dr. Patti Juliana*

