



PROPER MEDICATION STORAGE AND DISPOSAL GUIDE

KEEP TEENS & CHILDREN SAFE

Prescription drugs can improve health when used as prescribed. Therefore, many teens believe they are a safe way to get high.

- 1 in 5 teens misuse prescription drugs and 1 in 10 abuse cough medicine.

Partnership for a Drug Free America

70% of teens who abuse prescription drugs admit to getting them from family or friends.

SAMSA, 2006 NSDUH



PROTECT THE ENVIRONMENT

Awareness of the impact of the environment is only beginning to develop.

- Connecticut laws protect water supply sources from receiving pharmaceutical waste but discarded medications are finding their way into the environment and the Long Island Sound.
- Trace medications flushed through sanitary systems can make their way into Long Island Sound or may contribute to future groundwater contamination.

PROPER MEDICATION STORAGE PREVENTS ABUSE & ACCIDENTS!

TAKE PRECAUTIONS!

- Keep medications in a safe area where only you have access to them.
- Do a pill count. Know exactly how much medication you have so you can tell if any is missing.
- Talk about prescription drugs. Stress that they are only safe for the person who receives the prescription from the doctor.
- For good advice on how to talk to your teen or child, visit www.drugfree.org.

PROPER MEDICATION DISPOSAL PREVENTS ABUSE, POISONING, & POLLUTION!

DO NOT FLUSH! DO NOT POUR!

1. Take your medications out of the original containers.
2. Place inside a container such as an empty yogurt, margarine tub or reusable bag.
3. Add a small amount of water to partially dissolve them.
4. Add an undesirable substance, such as coffee grounds or kitty litter.
5. Reseal the container and throw out in the trash. Do not put in recycling!
6. Or, safely dispose unused/unwanted



Compliments of:

- Aquarion Water Company
- Community Fund of Darien
- CT Department of Consumer Protection
- Darien Board of Education
- Darien Health Department
- Darien Police Department
- Liberation Programs, Inc.
- Lower Fairfield County Regional Action Council
- Norwalk Hospital
- Sergio's Pizza