

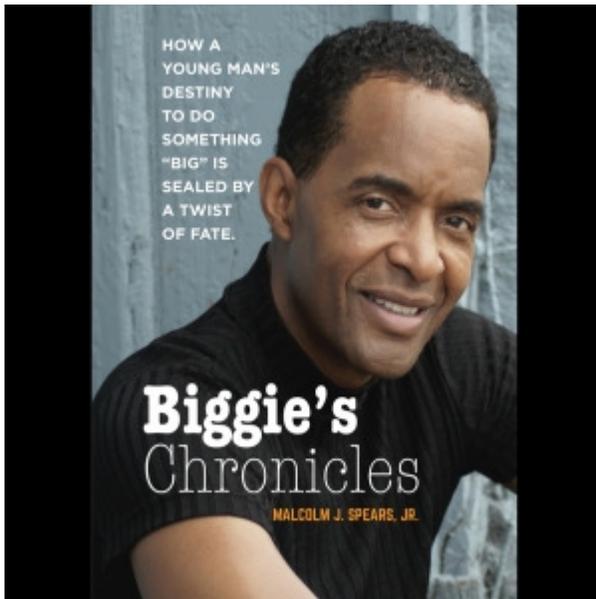


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Liberation Programs Publishes Memoir of Former Client from 40 Years Ago

Published on Tuesday, 13 September 2016 13:22 in **Darien, Norwalk and Stamford editions**
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Liberation Programs Publishes *Biggie's Chronicles* Book Signing Event Set for Saturday, September 17 at Ferguson Library – 2:00 pm



Liberation Programs, one of our area's leading behavioral health organizations specializing in treatment for addiction, will celebrate the publishing of a memoir written by one of the agency's first program graduates back in the early 70s at a book signing event at Stamford's Ferguson Library on Saturday, Sept. 17 at 2:00 pm in the main auditorium.

Over 40 years ago, Malcolm Spears was a teenager already accused of a felony and sentenced to prison. As fortune would have it, due to his drug use, he was allowed to complete his sentence at a newly opened inpatient treatment program in Stamford called—Liberation House. Today, Malcolm is a working actor, motivational speaker and businessman who credits Liberation as being the turning point in his life and he chronicles his early life and time at Lib in his book, *Biggie's Chronicles*.

Liberation Programs decided to publish Malcolm's book for several reasons. At a time when the rising epidemic in drug use is making headlines on a national scale, we thought it important for everyone to remember and realize that treatment works, people do get better, and that life can be wonderful in recovery. His story is not an isolated one. The year 2016 marks 45 years that Liberation Programs has been making recovery possible each and every day for hundreds of people. His is an inspirational journey and he stands as proxy for the literally thousands of individuals who are thriving today thanks to the treatment they received at Liberation Programs.

“Malcolm's journey, *Biggie's Chronicles*, offers an insightful look at what it was like to grow up black in Stamford, CT during the 60s and 70s. He bares his personal thoughts and shares the circumstances that influenced his decisions—good and bad. The pivotal moment ends up being when a judge allows him to complete the remainder of a jail term at Liberation House when Malcolm is in his late teens,” said Alan Mathis, President and CEO of Liberation Programs. “Through his time at Liberation, Malcolm was able to find the peace and joy that has led him to build a happy productive life. Instead of him continuing in the wrong direction, Lib House was his saving grace. He emerged motivated to make a fresh start and empowered to follow his dream.”

Fifty percent of the proceeds from the sale of the book will provide life-saving treatment for substance abuse for those who otherwise could not afford it. To order a book contact Liberation Programs at info@liberationprograms.org call 203.604.1144.